

Necessity Of Living Ideals In Present Scenario**Saroj Kumar Behera****Lecturer****Department of English****Salipur Autonomous College****Salipur****Cuttack****Odisha****(Received:18February2024/Revised:5March2024/Accepted:18March2024/Published:29March2024)****Abstract**

Satsang wants man, In the name of the One Supreme Creator Of all beings, God, Khooda or Existence, Whatever you call Him. Satsang does not think in terms of Hindu, Christian, Muslim, Buddhist; Regarding each and everyone as a child of Him alone, Satsang wants to make all submissive to that one. Satsang does not think in terms of Pakistan, Hindustan, Russia, China Europe or America either-Satsang wants man, every individual of mankind Whether Hindu, Muslim, Christian or Buddhist or whatever-to be gathered in His name at the clarion call of Panchabarhi*in pursuit, nurture and fulfilment, in elevating offering, in mutual compassionate co-operation and in an uplifting, efficient and industrious go of life so that everybody by proper work earning their food and clothing can survive, maintaining distinctiveness of being and moving in the way of becoming so that everyone can understand that everyone belongs to him, so that no one can think that he is helpless, penniless, shelter less, so that every single person can say courageously with active co-operative zeal of love "I am everyone's and everyone is mine". Satsang wants the greatest co-operation between States so that there is not the least flaw in anyone's existential becoming and so that each and everyone can move on freely in this world in one accord with self-elevating, efficient and active, progressive go of service, growing in integration what is mutually fulfilling-being illuminated with the inspiration that cultivates the good, with an eye to fulfilling that Ideal man being meaningful in that unparalleled One. "God is one Dharma is one, Prophets are same, -servers of the One; conflict and animosity with any of them proclaims the present of opposite – the Satan. Surrender to the Supreme is the saucethat brings heaven down to the soul and service: do love, do serve, do surrender, do ever for providence, the lord, the Ideal, the source of all sources, with every inter-interested serving zeal that serves the Ideal-Fulfiller the best of the past and present Whose presence is to fulfil not to destroy! Utter and act with every enthusiasm, Surrender to the One and only! Surrender to the Enlightened Seers that are fulfillers of the past, Surrender to the Fathers that Follow the right way, Surrender to Varnasram that Evolves out of providence, Surrender to the all-fulfilling Fulfiller of the present, This is the Aryan path, This is Dharma that upholds existence. This the eternal truth that all are to surrender to!"

Keywords : Satsang, Supreme Creator, Existence, Panchabarhi, Self-Elevating, Unparalleled, Dharma, Prophets

This manifested universe, which is in a constant state of motion and change the only unchanging reality is the fact that change is inevitable and human wanting are unlimited. Everything we do is to satisfy these two prime desires; it is for them that we struggle. In search of comfort man started thinking and gradually developed new Technologies. Industrialisation resulted in rapid and sustained economic growth and a massive increase in consumer goods. But at the same time, for many people it meant a thoroughly unpleasant work environment. Everyone in this world is in search of happiness. Ignorant of its source, we try to find it in materialistic comforts. We worship the idols, go to holy places, and seek seclusion in jungles in search of God. Considering another case of a Doctor who is well trained and equipped with modern instruments but when he goes for an operation tells the patients' relatives to pray to the God. It doesn't mean he has doubt in his capability but rather by knowingly or unknowingly he has the faith in God which insists others to do that. In this context Great Scientist Einstein has rightly said "Religion without science is lame and science without religion is blind". Things or actions which are impossible to be performed by us, qualities which we can imagine only and can never acquire and knowledge which are beyond our comprehension; we often say only God can do that. This means we attribute those qualities to God which are not possible to be accomplished by normal human being. Can't we find a superior human being in flesh and blood, having all the attributes and power of God? The answer is definitely yes. Otherwise in what category do we place Lord Christ, Bhagaban Buddha, Prophet Rasul, Sri Chaitanya and Sri Ramkrishna? If we want to have a true feel of God, we have to look towards the life and teachings of all these great souls, who are born in human form and yet so different.

The advent of Sri Sri Thakur Anukulchandra, popularly known as Sri Sri Thakur by his millions of devotees, was a great boon for mankind. He had all qualities that are attributes of God. Sri Sri Thakur believed strongly in "Being and Becoming", the fact that all life is a precious gift that needs to be preserved, nurtured and exalted. He held that preserving and nurturing the environment was also equally important to support individual development. Without existence there is no philosophy, no action, no good or bad, nothing. Underscoring the importance of existence, Sri Sri Thakur says:-

Do never die

Nor cause death

But resist death

To death

His philosophy was one of man making, of inspiring people to follow the path of truth, irrespective his / her social and religious status, so that each individual became a 'relief centre' in himself or herself for society. The best, quickest and easiest way of doing that according to Sri Sri Thakur is to attach oneself to a living Ideal, follow his example and materialize his directions in life.

Once an American devotee was returning to America and asked Sri Sri Thakur for two words that he could carry back with him. Sri Sri Thakur said “Be concentric”, “around whom” the American devotee asked, “Around your living Ideal” replied Sri Sri Thakur. “What if Henry Ford is my ideal” the devotee asked. Sri Sri Thakur looked at him and said “If Henry Ford is your Ideal, you will become Henry Ford but never Jesus Christ”.

He always emphasized the importance of action and says :

“Verily I say doing is the mother of success”.

Christ said “Do unto others as you would like others to do unto you”. Sri Sri Thakur reiterates this message and adds a small rider by saying:

“Do to others as you would be done by but expect not in return”.

The situation with God’s grace is something similar. His grace is omnipresent, omnipotent and all pervading but to be able to receive that grace. We have to tune ourselves in a particular manner. Without that fine tuning. His grace will be beyond our reach just like the radio waves filling this room. To realize that we need a living ideal who can teach us when we are ignorant, can show us correct path when we are going astray and that is “Sadguru” who is personified God. A Sadguru and SatNaam are the true means to unite the soul with God. In this physical world God comes to us in the form of a Perfect living Master.

In Sanskrit, “Gu” means “darkness”, and “ru” means “one who dispels”. So guru literally means “one who dispels the darkness”. Sadguru is that guru who dispels the darkness from all three strata of human existence – the physical sphere, the psychic sphere, and the spiritual sphere. Sadguru also means “the guru who leads one to Sat, that means ultimate truth, ultimate reality”, In other words, Satguru or Sadguru means true teacher, true guru or the highest spiritual guru. To practically realise the existence of God and the fundamental truth of life Sri Sri Thakur says in this regard:-

“Prophets are the materialised living embodiments of the way to heaven hence man can seldom approach God but by them.”

So we need living ideal in life who can guide us not only spiritually but also can teach us how to live in the society to be a good human being in this context Swami Vivekananda rightly said :- “Old forms of religion are like the skeletons of once mighty animals, preserved in museums. They should be regarded with the due honour. They cannot satisfy the true cravings of the soul for the Highest, just as a dead mango-tree cannot satisfy the cravings of a man for luscious mangoes.” And similar thing Sri Sri Thakur mentioned in Satyanusaran :-

“The degeneration of humanity began at that moment when the unseen god was made infinite and ignoring the Seers, the worship of Their Saying began. Oh Mankind! If you desire to invoke your good, forget sectarian conflict. Be regardful to all the past Prophets. Be attached to you living master or God and take only those who love Him as your own. Because all the past Prophets are consummated in the divine Man of the present.

Only adopting Sadguru is not the solution but we have to carry out his command without least hesitation since he knows what is good or bad for us. According to Sri Sri Thakur :- “If you get a devotee who loves the Lord in thoughts, words and deeds, observes His teachings and tenets in his daily life and is completely absorbed in Him then you can easily realize the Lord through him by following him properly. He cannot be understood by reading of books and imagination. We can feel him to some degree by seeing a living man, who has imbibed Him in his character and whose heart is fully set on Him. Of course mere seeing is not enough; he is to be practically followed with love. What is required is unconditional surrender. Because if I follow his instructions as far as they are to my liking and discard them when they are not then any complexes do not get adjusted. We cannot relish or understand many of directions because of complexes. Complex does not let us understand. The reason we boast of so much does not help us to a great degree. Because reasons move according to complex and sentiment. So we should obey His mandate without any hesitancy or consideration. Whether His instructions appeal to us or not, if we go on obeying them inspite of ourselves, we can subsequently understand the logic of His instructions. In course of doing this we learn to discover and adjust our submerged complexes. So complete transmutation of personality cannot be achieved without following the guidance of a Seer”.

Man can become adjusted and integrated by controlling and meaningfully adjusting his complexes, his passions, emotions whims and caprices and could achieve co-ordination between his thoughts, word and action. To achieve this Sri Sri Thakur has given five weapons:

Jajan: Jajan means the consistent effort of an individual to cultivate the qualities of the Ista both mentally and physically through the repetition of Holy Name with concentration and meditation. In Single word Self Culture.

Jaajan : Jaajan is service to the environment.

Istabhriti : Instabhriti is the love – offering to the living ideal with all reverence.

Swastyayani : The body and mind should be kept healthy and tidy so that while performing the worldly activities so the best of ours satisfaction, finer sensibilities can be perceived and enjoyed by the individual.

1. The Body is to be considered as a temple of God (Sri Bigraha) and it should be kept healthy.
2. All good thoughts should be put to actions immediately without delay.
3. Serve the society.
4. One has to increase his earning capacity and keep a little part towards offering to the ideals.

Sadachar : Sadachar refers to those habit of hygiene which keep you healthy and disease free.

To observe Jajan, Jaajan, Instabhriti, Swastyayini and Sadachar daily in life means to fulfil the Lord in thought, word and action.

“SATSANG” is a compound word – SAT + SANG, SAT has been derived from the root, i.e. ‘AUS’ meaning existence (Astitwa), being (Satta), and life. The word SANG has been derived from the root ‘SANAJ’ meaning which Asakti (attachment), Anurag (adherence) and Milan (Union).

SADGURU is the source of all our existence, beings and lives. Hence, the mission of SATSANG is to attach one- self to one's own being and to the beings of others as well. In order to develop attachment for one's own being one has to develop attachment to the source of all beings- the Supreme Being – whose manifestation is the living ideal (SADGURU). Then only attachment for all beings will develop. Then only attachment for all beings will develop. Then only one will become the true servant of all other beings. Passionate urge will not be able to create hindrance in the service of the beings. What else can be the urge of any being other than this? Hence the eternal urge of every being is the mission of SATSANG.

The urge to live and let others live is the religious urge. So this religious urge has to be awakened. Then the idea of saving others and not destroying them will dominate others. And then science will contribute to peace instead of disturbance. Along with that there should be preparedness for self-defence. And such ideas are to be propagated among the masses of different countries as are sure to intensify within all the urge of living and letting others live. Preparation for self-defence is meant for this that no destructive force may annihilate existence and integration. Late President of India Dr.Rajendra Prasad said in the context relating to science and conscience:- “If it is to survive, is to hark back to the supremacy of the moral law and to take the path of self-conquest. Without taking a moral view of life, we cannot properly use the inventions of science for the welfare of humanity. Science grounded in spirituality and not in materialism can along bring about the salvation of the human race.” I feel very fortunate having Sri Sri Thakur as my living ideal in this life. In extreme distress when I utter his name i.e. “Satnam” I get instant relieve from sorrows or sufferings. When highly stressed by Personal, Social or Professional surroundings by attending Satsang it eradicates all dismay. We should follow his teachings without least hesitation which is the ultimate path to the personal, Social, Professional and Spiritual Success.

Cosmic consciousness consists of two words. They are “cosmic” and “Consciousness” Cosmic is anything related to the universe or cosmos, especially things very distinct from the Earth. Consciousness is the awareness or perception of something by a person. In this field of consciousness lies memories of previous reincarnations, previous lives, the future lives, and in special cases, it expands back to the beginning of time and creation. In extraordinary circumstances, people can explore the whole universe by just reaching out to their cosmic consciousness. After the soul departs from the body, it begins its' journey through the entire universe. Some people remember the memories they make while they are travelling through the universe to their next body. Due to this reason, certain people can tour the whole cosmos without even traveling! These memories that are engaged in your cosmic consciousness are called cosmic memories, but SreeSree Thakur calls them eternal memories. Due to their cosmic consciousness, many Saints and Sages can access these memories.

In simple words, cosmic memory is the memory of a series of lives. But a sentence can't describe the vast meaning of cosmic memory. Cosmic memory can't occupy a physical brain because there is no

physical connection between reincarnations. Instead, these memories are imprisoned in the vast field of consciousness.

Cosmic Memories can be accessed by anyone who has deep insights about the Creator and the Created. Gifted individuals can access their cosmic memories due to their super consciousness. In *AlochanaPrasange Volume 3, 28.3.1942*, SreeSree Thakur Anukulchandra looked up to the sky and said that He has a home everywhere, even beyond the universe. Then, Late Prafulla Da asked SreeSree Thakur how He knew about these places, because it was impossible for someone to visualize things that were so far away. In response, SreeSree Thakur said that it is not impossible. You have to make sure that you have a very sharp eyesight and thought process. To make it easier to understand SreeSree Thakur shared an example. He said that when you see a body of water, you can't see the bacteria in it. However, when you use a microscope, you can discern all the bacteria that are present in the water. Our eyesight should be as sharp as the microscope to accomplish our goal of visualizing our eternal memory. In order to make our eyesight and thought process sharp, we have to enrich our being and becoming. But how do we enrich our being and becoming? When we have a living ideal in our life, and we follow him in every second and every aspect of our life, then generation by generation, somebody will be born with the power to visualize his eternal memories, But that is only possible when we do "Sadhana". What is Sadhana? In my understanding, Sadhana is our devotion to our living ideal. It is when we follow him in every nanosecond and in every aspect of our lives. In simple words, "Sadhana" is when we follow our living ideal to the full extent. When the "Sadhana" passes from one generation to another, then somebody will come who has the ability to visualize and feel his eternal memories. That is why SreeSree Thakur advised us to build a university that will nourish the students' life-building qualities.

Here on our planet Earth, humans face many problems. Climate change, pollution, deforestation, epidemics, and futile diseases are examples of such problems, Reasons like these limit the amount of time humans have on this planet. So, space agencies worldwide are trying to find suitable planets for human life to sustain in. But space research isn't the only way to relocate to another safe planet. The vision of philosophers and Saints can help us too. So to have the vision of Philosophers, we should have an ideal-centric life.

According to an anthology book called the "Cosmic Cradle" by Elizabeth M. Carman and Neil J. Carman" *SreeSree Thakur, Anukulchandra recalls how a prime point let itself explode into millions of hyper atoms. Each hyper atom then bursts into millions of super-hyper atoms resulting in an uncut indivisible physically inconceivable point.*" In these two sentences, SreeSree Thakur has described how he witnessed the Big Bang theory in great detail. Thakur Anukulchandra also witnessed, "*The ultimate point the Cosmic Soul-create an infinity of beings out of itself like thousands of sparks coming from a fire. The souls were destined to live through a series of lives so long as they remained subject to the illusion of personal individuality*". Here SreeSree Thakur has described how HE witnessed the souls of every being formed from the Cosmic Soul, and how each soul will live

through a series of lives. This is yet to be proved by science, but it's already been confirmed by spiritual leaders such as SreeSree Thakur Anukulchandra. But, how do spiritual leaders such as SreeSree Thakur Anukulchandra know? There is only one answer, eternal memory. SreeSree Thakur remembered everything he saw during his traverse through the universe. He had also remembered the multiple human forms he had taken before being bound to the body in which we see him in today. A prince and a cobbler are two of the bodies His soul has been accommodated in.

Cosmic consciousness is like an ocean, and my knowledge about it is like a drop in a teacup. Understanding it is like figuring out how to time travel. Not much is known about cosmic consciousness, which results in very little information being disclosed about it. But one thing is clear: our beloved SreeSree Thakur has eternal memory which enables HIM to possess Cosmic Consciousness.

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